



ANNUAL REPORT 2018



LETTER FROM THE BOARD

Another year has passed and as we reflect, it's wonderful to see how Home from Home has grown and developed over the years.

What strikes us as we compare year on year is how we have been able to do so much more for the children under our care. Almost all of the children that come to join our family have challenges, whether emotional, health-wise or with learning.

When we started, we did all we could with the resources we had, to provide for the basic needs of our children - a home, food, clothing and most importantly, a family. Now, with the growth in support that we have had over the years, we have been able to deepen our level of care. Each child is, of course, an individual and we are now more and more able to provide for each and every one in their own way. We are guided in doing this through our philosophy of care, the Circle of Courage, and iBhabhatane ("Butterfly" in isiXhosa). Our children now have access to counseling, extra murals, tutoring, life skills, educational support like occupational therapy, and so much more.

What also always strikes us is how all of this would not be possible without the people involved in Home from Home - our teams which include our amazing foster parents who look after up to six children (no mean feat) and last but not least you, our supporters - whether you help us financially, or as an associate or volunteer your time or skills.

Again, we are so thankful and look forward to together continuing the work of Home from Home into the future.

Regards
Anna Vyanos
Chairperson



Trustees

**Pippa Shaper, Jane Payne,
Anna Vyanos, Prof. Andrew
Dawes, Jenny Cadman,
Rev Pam Parenzee**

Vision

A world in which each child has a safe home and a loving family.



PROGRAMME REPORT

We are now caring for over 180 children in 36 homes which are registered under our Cluster Foster Care Scheme. This year we were very excited to have two new homes registered by the Department of Social Development, one with Joya Homes in Somerset West and another with African Hope Trust in Masiphumlele. It always gives us great joy to be able to provide a home for vulnerable children especially when we are able to keep siblings together.

The Department of Social Development have placed a limit on Cluster Foster Schemes being able to only register eight homes per Metro to prevent 'mushrooming' of schemes. This restricts Home from Home from opening new homes under their scheme. We are however, still assisting other organisations to start homes using the Home from Home model of care. We have been working closely with Victory 4 All in the Eastern Cape over the past few years who currently have six foster homes with the potential to open two more. We have also been advising other NGO's around the country and sharing our model of care with them.

We have a wonderful programme team of four social workers, an auxiliary social worker and an education coordinator who make sure that our foster mothers and children are well supported in every aspect of their lives. All of our programmes work within the

framework of the Circle of Courage to ensure that they build on each child's strengths.

Several of our children have been reunified with their biological families and although we miss them, we know that every child longs to be with their own family so we are very pleased when these reunifications turn out positively.

We continue to work closely with our Associates, groups of dedicated volunteers who help to ensure that the homes are well supported and the children have those extra treats such as special birthday parties and outings.

Through all the various activities that we run with our children, they have become close to each other and have built up lifelong friendships that will continue long after they leave Home from Home.



HOME FROM HOME'S PHILOSOPHY OF CARE

The Circle of Courage is Home from Home's philosophy of care. All programmes, groups, interventions and child development strategies are based around this philosophy.

The Circle of Courage is a model of positive youth development based on the universal principle that to be emotionally healthy all children and youth need a sense of belonging, mastery, independence and generosity. This unique model allows for us to move away from the medical model and focuses more on the developmental areas of each child. Following the Circle of Courage, we are able to identify the strengths of each child.

The four components of the Circle of Courage are:

Belonging:

The most important component, upon which the other three are based is a well-developed sense of belonging. Humans have a need to feel valued, important and protected by others – to feel comfortable and welcomed within a group, which starts with the family.

Generosity:

Young people who have a strong sense of generosity are empathetic towards others and want to help them. They give of themselves or their possessions in some way. They truly have 'the joy of giving', receiving pleasure from helping others. This fits in with Home from Home's value of 'Gratitude'.

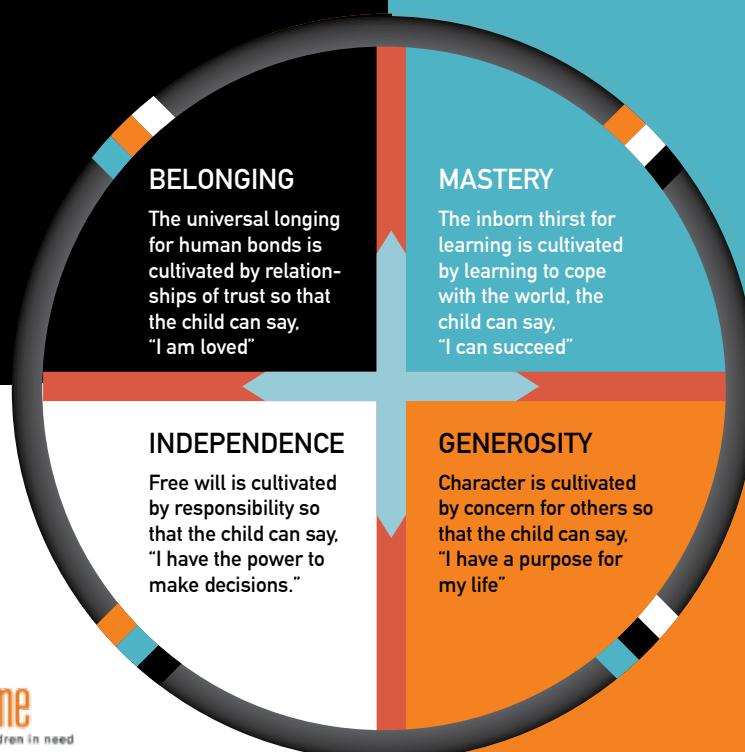
Mastery:

Those who are strong in the quadrant of Mastery feel competent in their abilities, seek more skills and knowledge, and are willing to fail or look unskilled when they try new things. Mastery builds upon the strengths of individuals which we strongly believe in at Home from Home.

Independence:

Young people with strong independence are able to be responsible for making their own decisions and for their own failures and successes. They are able to set their own goals and discipline themselves. Our transition programs are designed to ensure that young people are able to go out into the world as independent adults.

CIRCLE OF COURAGE



iBHABHATANE

iBhabhatane means 'butterfly' in isiXhosa and refers to the child's growth journey from intake to discharge at Home from Home. With the help of Mamelani, an NGO specialising in youth transition, and in consultation with foster mothers and young people, we developed a series of goals for our age groups. Looking at the metamorphosis of the butterfly, we have incorporated this process into our different development age groups: The Littlies (0-8yrs – the Egg), Tweens (9-12yrs - Caterpillar); Teens (13-15yrs – Pupa), Ageing Out- (16yrs+ - Butterfly). All the goals are based on the Circle of Courage and speak to the young person's sense of belonging, mastery, independence and generosity.

Groups:

Groups were run in each Metro focusing on issues raised by the young people. Group work covered areas like sexuality including changing bodies, dealing with relationship issues, safety awareness, self-esteem discussions around 'who am I as a person', and relationships with others. Another goal of the groups was to build a support network amongst the teens, so that when they are no longer in the care of Home from Home they have a network of friends to provide a guiding hand besides that of the foster mother and social worker.



CAMPS

Children in all age groups love going on camps! The purpose of the camps is to provide a therapeutic learning environment away from home.

Games and activities are built around leadership, teamwork, trust, energy release and goal setting and are co-facilitated by Home from Home and camp staff. Workshops on camp range from sexuality and relationships, to transitioning from primary to high school, and transitioning out of care. Camps allow the team to see the children's potential in a different way and are a good opportunity to see the children out of their usual environment and experience some of the difficulties the foster mums have to deal with. During camps we also get

to see strengths and challenges in some children that haven't been revealed before, giving us a much fuller picture of our young people.



AGEING OUT

Children in the foster care system usually "age-out" when they reach eighteen and there are no options of adoption, family reunification or other permanent family arrangement. At Home from Home we extend this time limit until the young person is ready. It is difficult enough for many children from stable families to be independent by the age of eighteen, so having the same expectations of children who have experienced varying degrees of trauma is unrealistic. Due to the experiences of these children prior to their placement in foster care, they often struggle to master skills which are necessary to help them function and live independently when they are discharged from care. This year

the focus on the development of our older children towards independence included exposing them to the process of applying for an ID document, to a higher education institution, for a driver's license, visiting a hospital to gather information on HIV and AIDS and working within a team to budget, shop and prepare a meal.





elephant

An **elephant** is a large, grey animal with big ears, and a very long nose, called a trunk.



exercises

The children are doing **exercises**. Exercises are physical movements that help you stay fit.

envelope

The box is an **envelope**. There is a mouse inside.



envelope

When we have written a letter, we put it into an **envelope** before we post it.

Mission

'Creating families for vulnerable children through supported and supervised community – based foster homes'

THE STORY OF EDDIE

Eddie is four years old. Born to a mum who couldn't care for him, she put him in the care of an informal 'caregiver' when he was less than a year old. He was one of nine children living with this lady in two shacks which were attached to the house she lived in. The shacks were filthy, unsafe, unhygienic and cold. When Eddie and the other children came to the attention of social workers, he was removed immediately because of concerns for his health and safety- they thought he might die if he was left there any longer. He was taken to a baby sanctuary where he remained for several months.

Even though he is four years old, he is the size of a two-and-a-half year old, his growth was stunted due to malnutrition. He is HIV+ and his health had been compromised as he hadn't been kept on anti-retroviral medication consistently or taken to the clinic for check-ups.

Eddie's mother hadn't visited him regularly over the years. When she did eventually visit the sanctuary she had no real interest in him. More concerning was the change in Eddie, who'd opened up and became engaging, lively and chatty. Once he saw his mum, Eddie became very anxious and withdrawn.

After three months at the baby sanctuary a place was found at one of our Home from Home houses with a foster mum and dad. Before he was placed, his new foster parents visited him several times and got to know him.

The baby sanctuary kept photos of his new foster parents so he would be familiarised with his new family by the time he came home.

On the day he went to court for the hearing to be placed in his new foster parents care, he ran straight up to his new mum and sat on her lap throughout the entire proceedings. He has settled so well into his new home, where he has a new foster brother also aged four and sister aged 21 months. We are so glad to be able to offer Eddie the chance of a new beginning in a loving family.



The story printed is true, the child's name has been changed to protect their identity.

EDUCATION & CRECHE

The last year has been an opportunity for reflection with regard to Home from Home's Educational approach. We looked at individual children according to their specific needs and how best to support them in accessing learning at their level. This included moving some children to other schools within Metros which we believed would better suit their needs.

We reviewed our Tutoring programme to ensure that the 110 children involved were well matched with their tutors. A partnership with a Tutoring organisation was initiated with a view to greater efficacy in this regard. We continue to monitor this closely as it is fundamental to the success of our children. Over 20 children attended a Maths support organisation for weekly sessions though on reflection, the success of this was dependent on learner's specific needs. Some of our children have extensive gaps in knowledge which is often due to a lack of early stimulation.

African Impact, one of our partner organisations, supported children with homework in Khayelitsha and in Ocean View. They, along with Home from Home Tutors, have had the use of our new resource centre in Khayelitsha. We would like to thank our donors who provided us with the funding for this much needed upgrade. This included a new library and renovations to the Lizo Nobanda Early Childhood Development Centre. Our younger children have a new and exciting learning space while the resource centre has created the potential for many after school support opportunities.



EXTRA MURALS

Extra mural activities provide the children with more opportunity to integrate into the community. It teaches them about teamwork, sharing, trusting others, leadership and new skills. It gives many of our children who are not academically inclined a chance to shine at something that they are passionate

about and good at. Our biggest challenges are often transport, and helping the foster mum to fit all the extra murals into the households busy schedule. Some of the current extra murals our children are participating in include drama, netball, hockey, soccer, hip hop dancing, swimming and surfing.



THERAPEUTIC INTERVENTIONS

Therapy in different forms helps cover many issues that the children have, from attachment issues to trauma caused by previous abuse. This year we have used grief counselling, play therapy and art therapy with a range of specialists. Clinical and educational psychologists as well as play therapists help the children unearth the trauma that causes behavioural changes. From these interventions we see an increased attachment between foster mothers and children and an increased sense of peace within the children. Other more specialised therapies, such as physio, speech and occupational therapy are used when appropriate and we have seen the profound difference that this can make in children's lives.



NICKY – FOSTER MOTHER STORY



“I have been a foster mum for the last thirteen years. Before becoming a foster mum, I was a counsellor, but it has always been my plan to foster children. As a counsellor I spent a lot of time at a children home and taking children out over the weekend. I knew from the experience at the home that I could do this and was fortunate enough

to receive a lot of training along the way. As a foster mum, you have to love your children unconditionally. They are your children, they must be in your heart and you need to respond to their every need. I love being a foster mum. The time we spend together is priceless.

A challenge at the moment is the influence they face as teenagers. At times it is really hard, but our bond allows us to talk through the challenges together. It’s painful for me when my children get sick and I have spent a lot of time in hospital with them throughout the years. My biggest fear is losing one of them. I pray for my children every day and sometimes cry on my own so that they don’t see me.


Working hand in hand with my social worker makes my life easier and the support from the other foster mums helps too. When I see my children sleeping peacefully at night in their beds I can rest and know that I am making a difference in their lives.”

FOSTER PARENTS REPORT

As a foster parent it can be stressful caring for traumatised children and so it is vital that we offer them as much support and training as possible. We have continued to run monthly support groups in each of our metros and our social workers also visit their foster mothers for individual supervision sessions. We offer external counsellors should the mothers feel they need to discuss any deeper concerns they might have. Training has been vitally important and we hold our monthly

training with all our mothers together. This is a time to gain new skills but equally important for our mothers to share their experiences, socialise and encourage each other.

Training this year has included a parenting teens course, budgeting skills, healthy eating, a CPR course and how to talk to children about sex. We are so blessed to have such a special group of foster parents and we treasure every one of them.



**You need love first.
To be a foster mum
is not a job, it's not
about money.
It's about caring,
and feelings that
are inside you.
It's a calling.**

ANTOINETTE AND LESLEY

Antoinette and Lesley have been Home from Home foster parents for the last four years.

In 2014, Antoinette was listening to the radio and heard a talk about an organisation looking for foster parents in Wynberg. She obtained more information, applied for the position and asked a friend who used to work for Home from Home about the role. Then she met Siphokazi, one of the children requiring care and a home and that made her mind up. She was determined to become a foster mother but it would take a little time to convince her husband, Lesley.

Antoinette was deeply affected by the encounter and felt that she wanted to change jobs. This significant role was calling. Lesley and Antoinette had been married for 12 years at the time and she felt like something was missing in their home. It was so quiet and she was tired of cooking for just the two of them! Lesley was hesitant at first because it was a big responsibility and Antoinette worried about getting too attached to the children especially if they return to their families.

Six months later, Antoinette mentioned fostering to Lesley again and he agreed to give it a try. They discussed it with their extended family who were very supportive. Antoinette has always been actively involved with her sisters' children and is described by them as having a heart of gold. "The rest as they say is history!" says Antoinette. There are six children in their care and Antoinette loves cooking for them all. She was nervous to foster a teenager but has loved it and found it easier than expected. Lesley has really enjoyed being a foster parent too and is fully committed. They acknowledge that it is not always smooth sailing like any home with a family, but they love the meaningful work that they do. They obtain great support from Home from Home and the network of social workers available to them. They have enjoyed watching the children grow up into young adults and love the time they spend together as a family.

Antoinette and Lesley have a strong relationship and the fun and laughter of children in their home has enriched their lives immensely. It has been such a blessing for them to watch the children in their care grow and develop. They love their family time together especially over weekends.

SERVICE IMPACT STATUS

178

children in
our care



13 new children
admitted



8 reunified
with
family

40 children
in our
day care



476
hours of
therapy



34 homes



3475
tutoring
hours

ANDREW'S STORY



Andrew first came into the care of Home from Home in 2012. It was a rather rocky start for him. He was not sticking to his medical treatment, was hiding food in his cupboard and finding school difficult. To add to his stress, his mother was gravely ill. Sadly, she died in 2013.

There was so much going on in Andrew's life - he was grieving for his mother, feeling the pressure to perform well at school and also dealing with his foster parents retiring in 2014.

Home from Home was able to assist Andrew in very significant ways. Social workers sourced a psychologist and tutor for him and assisted him to obtain weekend work at a well-known packing company. He also enjoyed more regular contact with his immediate family which made a big difference to his well-being.

The professional intervention served Andrew both practically and emotionally. At the end of 2016, Andrew felt ready to leave his Home from Home foster home and return to his family. There were both laughter and tears when he departed. Regular

contact was maintained and in 2017, he passed Matric and turned 18. It was a double celebration!

One of Andrew's many strengths is that he does not take a decision lightly. He found an internship with a local government facility and is learning valuable skills. He hopes to study again in the future. He is happy at work and at home and is focused on obtaining his driver's licence and saving to buy a car. This quiet, reserved young man has a plan. He can be extremely proud of what he has coped with and achieved over the last six years. We at Home from Home, are beaming with pride too!

The story printed is true, the child's name has been changed to protect their identity.

Our values

Teamwork
Gratitude
Empathy

Commitment
Integrity
Leadership

FUNDRAISING REPORT

PBO no: 930018033
NPO no: 053-721
Trust Reg. no: IT 1496/2005
Section 18 CAS Approved

This year we have once again been blessed by our donors whose generosity has allowed us not only to cover our basic costs, but to deepen the level of care that we are offering. As you will have read in the Programme reports, we are now able to offer our children a much deeper level of care than what was previously possible, with therapy, tutoring, extra murals etc all being accessible to them, These are costly interventions, so we are incredibly grateful to donors for allowing us to provide this input.

We raise funds from many sources – individuals, trusts, foundations and corporates both locally and internationally. It is this diversity of funding which is our strength – we are careful not to become reliant on a narrow stream of funding, but

benefit from multiple funding sources. Our successful child sponsorship campaign is being re-launched under the banner 'Every Child has a Story' in recognition of the incredibly tough backgrounds which our children come from and the challenges they face. Whilst we can't provide sponsors with the children's real names or their photos, we're able to provide the real details of the child's story so that they can have an accurate picture of their lives. We hope that this campaign goes from strength to strength.

Once again, we are tremendously grateful to all who support the work we do, in every donation big and small. You are all part of creating families and positive futures for vulnerable children. Thank you!



FINANCIAL REPORT

Over the past year, we have seen an increase in our overall budget. While our core operating costs have been very similar to the previous year, the core running costs of our homes and our day care centre have increased.

Our day care centre has undergone major maintenance in the past year, which contributed to the increase in the centre costs. The therapeutic and educational interventions, which have been set in place in 2016 and were continued over the past year, have contributed towards a higher core running cost of our homes.

An additional factor that has played into the increased home running expenses are higher costs related to the severe drought in South Africa. In order to combat the higher water costs, we have set water saving measures including the installation of rain tanks for each house. Although our overall budget increased during the course of the year, we have been fortunate to have seen an increase in our fundraising income.

Core Running Costs Homes	R4 444 563,70
Core Running Costs Day Care Centre	R567 824,02
Core Operating Costs	R4 431 421,28
Retained in Restricted Reserves	R1 021 299,00

Total Income in 2018

R10 465 108,00



- Core running costs homes
- Core operating costs
- Retained in restricted reserves
- Core running costs day care centre

HOW TO GET INVOLVED

BANKING DETAILS

Account Name: Home from Home Trust

Bank: Nedbank South Africa

Branch Code: 10 11 09

Account Number: 1011 109 700

Swift Code: NEDSZAJJ

Reference: initial, surname and donation



Child Sponsorship Programme

Our Child Sponsorship Programme enables you to sponsor individual children for an extended period. By sponsoring a child, you agree to make a regular contribution of R200/£20/€20/\$20 per month, and this contribution enables us to cover some of the expenses of raising a child. Home from Home provides a bi-annual update on the child. This is a wonderful way to connect on a more personal level with our organisation.



Run, Ride or Decide

We are extremely grateful to our wonderful supporters from all over the world who have joined our Cape Town Cycle Tour, Two Oceans or Cape Town Marathon teams. Join our charity team and raise funds through your networks as you run or ride Cape Town's most prestigious sporting events. You may also host your own event, where you invite friends, colleagues and family to join you in an activity. Contact info@homefromhome.org.za to discuss the event you want to get involved in.



Pledge your Birthday/Celebration

Use your special day to improve the lives of vulnerable children. By including Home from Home in your celebration you bring awareness to our work and help improve lives. A donation of this kind extends the goodwill of the occasion far beyond the day itself, helping to ensure vulnerable children are able to grow up in safe and stable family homes. Pledge your birthday to Home from Home today and we will send you a special birthday card from our children.



Shop

Sign up to the Woolworth's MySchool MyVillage MyPlanet fundraising programme at www.myschool.co.za/supporter/apply/, Make Home from Home a beneficiary and we will receive a portion of your spend every time you shop. If you are already a card holder, you can just add us as a beneficiary. This is an easy way to support the children in our care.



Volunteer

One of the most rewarding ways to get involved with Home from Home is by becoming a volunteer. We accept both local and international volunteers. There are many tasks you could get involved with, from taking children on outings to providing lifts for our Foster Moms and children. We would also love to have volunteers with special skills such as counselling, physiotherapy and occupational therapy as we could incorporate these into our programmes. Please contact us on info@homefromhome.org.za to discuss your volunteer opportunities.



Financial Donations

Providing a financial donation to Home from Home not only enables us to build, rent or buy the houses we use as foster homes, it enables us to provide each child with the love and comfort of a family life. Donations also ensure we are able to provide therapeutic intervention, educational assistance, counselling and extramural activities - essential building blocks of a successful future.

APPRECIATION

We are incredibly grateful to all our wonderful Associates who continue to offer support to the foster mothers and to really care about our children

African Hope Trust Masiphumlele, St Francis Trust Masiphumlele, St Claire's Church Ocean View, Christ Church Kenilworth, St Peters Church Mowbray, Bitou Family Care Plettenberg Bay, Life Community Services George, Victory 4 All Humansdorp, Kibwe Kids Kayamandi, Mildred Jutzen and Dawn Fester Zonnebloom, Joya Homes, Goodwood Catholic Church, Claudine Mathee Goodwood, Vineyard Trust Stellenbosch, Olivia Road Khayelitsha, Westlake United Church Trust

A Special Word of Thanks to our Donors and Supporters

Wellspring International, Friends of Home from Home UK, Department of Social Development, Friends of Home from Home Germany, Ukuthemba, Stichting Hart voor Kinderen, Jacaranda, National Lotteries Commission, Christie Foundation, RB Hagart, Tapestry Homes, Streetsmart, Uthando SA, Fox Foundation, Karl Zund Foundation, Olivia Stern, Ubuntu, Martin and Jade Ryman, Olivia Road, Bauorden Schweiz, Car Int / CIH, Business Results Group, YKK Southern Africa, SRK Consulting, Webber Family Trust, David Rea, Optimum Learning, African Moments, Marc Garbers, Fiona Gibson, Macquarie Group, Ian Wilson, Eva Maria Dicker, Glen Merrywether, Paul & Yolanda Salter, Church of the Holy Spirit,





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Home from Home



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DONATE



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